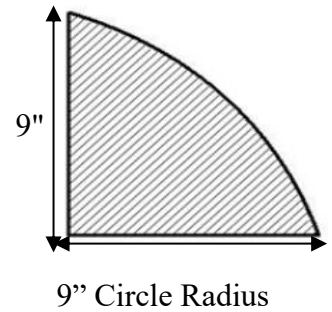


Kids Surgical Kap Pattern TRPQG – 2022

Materials:

- >One Fat Quarter Fabric (18" x 21")
- >58", Single Fold Bias Tape
- >1/2 yard of 1/4" Elastic

**Use a string tied to a fabric marker to make a 9" quarter circle (the radius of an 18" circle)*



STEP-1: Make 9" Radius Template:

- >Fold an 18" square of fabric into fourths.
- >Place the Radius Template, at the FOLDED corner & mark or cut along the arc.
- >Open the fabric into a full circle.

STEP-2: If this is a Tar River Piecemakers Quilting Guild Donation item, please attach a TRPQG Label.

- >Attach TRPQG Label to center of the WRONG-side of the fabric circle.

STEP-3: >Press one edge of the Bias Tape open.

- >Fold & press one short edge over a scant 1/8"- 1/4".
- >Place pressed-open edge of bias tape along outer edge of fabric circle, RIGHT-sides together.
- >Sew bias tape to outer edge.

Step-4: At the opposite end of the bias tape, fold the short edge over a scant 1/8"-1/4",

DO NOT CLOSE THE OPENING MADE BY THE BIAS TAPE.

Step-5: Finish the Bias Tape:

- >Press the bias tape to the outer edge, then over again, to form the casing for the Elastic.
- >Stitch the edge of the bias tape.

Step-6: >Thread the elastic through the casing using a safety pins.

- >Thread the elastic through the casing using a safety pins.
- >Overlap 1" of each end of the elastic & stitch together with a zig zag stitch. Adjust the fabric evenly around the
- >Adjust the fabric evenly around the circle. **FINISHED!!!**

HEADBAND SIZES GUIDELINE		
Age	Head Circumference	Headband Size Recommended
Newborn	13"-14"	12"
0-6 Months	14"-17"	13"
6-12 Months	16"-19"	14"
1-3 Year	18"-20"	15"-17"
3-12 Years	20"-22"	17"-18"



Teen/Adult	22"-24"	18"-20"
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