

MOTHER'S HEART

Jinx Abernathy ~ Time: 15 minutes

Please do NOT wash the fabrics used to make The "MOTHER'S HEART" ~ it is worn against the skin of the mother of a premature baby. The fabric is infused with her scent. After a few days, the HEART is placed under the baby's head so he/she can smell its mom & bond with her.

MATERIALS:

paper for the HEART (*copy, freezer, construction, etc.*)

ruler

paper scissors

fabric (*flannel, fleece, velveteen, satin, etc.*)

sewing machine & notions



ANY SIZE HEART PATTERN DIRECTIONS:

1. Determine how large you want the HEART to be.
2. Fold paper in half.
3. Draw a HALF-HEART along folded edge of paper.
4. When you are satisfied with the shape & size, cut it out with paper scissors & open.

MOTHER'S HEART DIRECTIONS – for fabric that ravel:

1. Layer 2 pieces of fabric, RIGHT-sides-together & sew a 1/4" seam around the edges, leaving a small opening for turning..
2. Turn RIGHT-side-out, top stitch as close as you can to edge.

MOTHER'S HEART DIRECTIONS – for fabric that does NOT ravel:

1. Layer 2 pieces of fabric, WRONG-sides-together.
2. Straight stitch or use a decorative stitch, around the entire edge.
3. Leave edge as is or cut around edge with pinking shears

***NOTE:** You can fold your fabric in half & cut out the HEART in the same manner as the paper pattern.*

