

2026

January

Volume 28 Issue 5

# Quilting Times

Join us!!

Tar River Piecemakers Quilting Guild

Meets at 9:00 the second Saturday of every month at  
the Arts Center at the Imperial Centre for Arts & Sciences  
344 Falls Road, Rocky Mount, NC. 27804

## From The Leadership Team!

Greetings quilters and happy holiday season to you and your loved ones!

Thank you all for contributing so generously to our Annual Christmas Potluck. Everyone enjoyed the decor, the music, the food and the display of the FPP quilts. We also got great ideas for our guild activities from a few guild members, thank you very much for that!

We are looking forward to ringing in the new 2026 with you on January 10. To jump start your creativity and craft in the New Year, we will be handing out your personal New Year Resolution cards. In exchange, please bring any number of 5 by 5 inch (charm) squares of novelty prints. We will use these novelty prints to put together (hopefully a few) "I Spy" quilts for children in our community.

We will also announce (drum roll please!) our 2026 Guild challenge.

If you have participated in the 2025 Mystery Quilt with Nadia, bring your creations to the January meeting to display.

We are looking forward to seeing you on January 10!

Nadia, Lori and Julie – Your Leadership Team

**Welcome new members!**

**Join the TRPQG Members Facebook page**

### Our Next Meeting

Saturday January 10, 2026

9:00AM Imperial Centre

Bring a Friend

Wear Your Name Tag

Return Borrowed Library Books

## **Tar River Piecemakers Quilting Guild Meeting Minutes - December 13th, 2025**

Julie Green called the TRPQG meeting to order at 09:30 am and welcomed everyone to partake in breakfast. She wished Happy Birthday to all with a birthday in December.

At 9:45 am, all paper pieced quilts were hung for display.

A motion to approve the Meeting Minutes for November was made by Sandy Batchelor and seconded by Michele Carpentier. A motion to approve the Treasurer's Report for November was made by Mary Selecky and seconded by Harvey Sopher. Both motions passed.

### **Committee Reports:**

Charity Outreach: Bonnie is accepting donations.

Sunshine and Shadows: Nancy Knapp: Carol Christman has lost her husband; please keep her in your thoughts.

Library: No news.

Newsletter: Michele Carpentier: No news.

Facebook: No news.

Programs: Leadership Team – See below under New Business.

Public Relations: Harvey Sopher and Lin Varney: No news.

Bee Keeper: Pam Smith: The Busy Bees, Cutting Corners and the Patriotic Bee are now meeting at Englewood Presbyterian Church (100 S. Englewood Drive, Rocky Mount).

Webpage: No news.

### **New Business:**

Duane announces that 21 quilts were presented at the November guild meeting and 6 quilts on Memorial Day. More Quilts of Valor will be presented on January 15th at 10 am at the Imperial Center.

### **Upcoming Monthly Programs:**

1. January: A new Mystery Quilt Along will be started.
2. January Meeting: Bring 5x5" novelty print squares to the meeting to exchange with others for I-SPY type of quilts, as many squares as you wish to trade.
3. January Meeting: Find Jinx's 3 new coat patches.

### **2025 Paper Piecing Challenge Winners:**

Viewers' Choice: Nadia Pshenitsyna

#3 - Lisa Clark

#2 - Martha Blount

#1 - Sarah Wade

Membership Report: Jinx Abernathy:

December - 32 members, 3 guests, and 2 new members for 35 total in attendance.

November - 108 people were in attendance for November, the most attending ever.

Over the whole of 2025, 502 attendees were counted.

### **Drawings:**

Grand Prize: Rosalyn Ryers

Quiltfolks from Alaska: Lianne McLaughlin

Meeting Adjourned at 11:54 am.

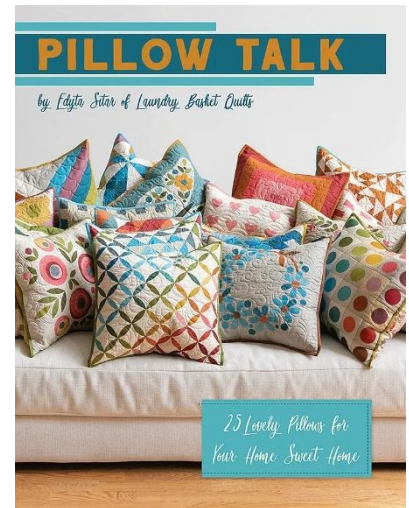
Respectly Submitted,  
Sarah Oberlin, Secretary

## Book Review

### Pillow Talk

By Edyta Sitar

Now that the Christmas holidays have passed and winter is in full swing, perhaps you are ready to do some decorating in your house. New pillows always spruce up a room. Pillow Talk was written by Edyta Sitar of Laundry Basket Quilts. There are some gorgeous pillows in the book. I think my favorite is the Love Birds Pillow Top, an 18 ½" x 18 ½" pillow top that is appliqued. You can choose to do either machine applique, hand applique, or fusible applique. Another favorite of mine is called Mother's Day Pillow. Each of the pillows in the book end up being 18 ½" X 18 ½" unfinished. There are patterns for each of the pillows in the book.

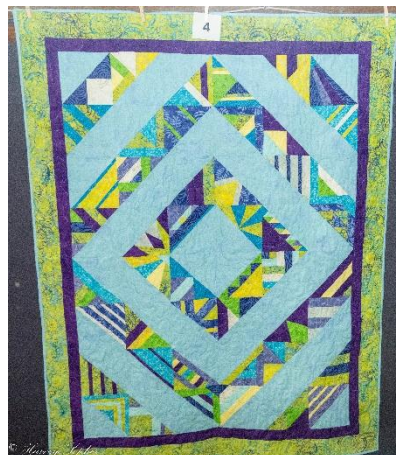


Ms. Sitar gives instructions for quilting the pillow top, making an envelope pillow back, and for doing a zippered pillow back. I always think the zippered pillow back looks very professional. The envelope back is faster to complete, however. She also gives instructions for binding and finishing the pillow.

The pillows in the book are quite impressive and would be expensive to buy. If we are willing to invest the time, we should be able to reproduce the quilts in the book. I would love to see some of you bring pillows you have made for show and tell.

Your Quilt Librarian

Martha Blount

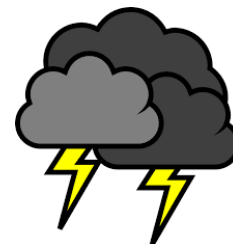






## Sunshine & Shadow

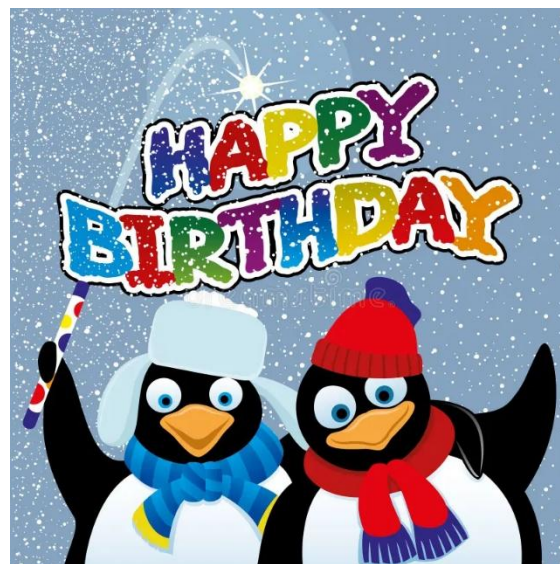
We don't want you to go through it alone! If you have anyone you want remembered, please email: Nancy Knapp at [HUDSONPUPPY@earthlink.net](mailto:HUDSONPUPPY@earthlink.net)



## JANUARY BIRTHDAYS



Cathy Bollten  
Duane Carpentier  
Beverly Couch  
Gayle Helm  
Robin Sachsenheimer  
Katherine Saunders



### A BIG TRPQG THANK YOU

Everyone who sews for Outreach  
Everyone who contributes to the TRPQG Newsletter  
Everyone that shares at Sew & Tell  
The Queen Bees  
Harvey for mailing the newsletters & taking pictures at the meetings

Beginning Balance

Add Membership Dues

Donation Nadi

Less Ck 2109 R Ryers/Nadia

Less Ck 2110 Nadia Xmas Party

Less Ck 2111 J Green Xmas Party

Guild Balance as of 12/15/2025

QOV Grant Balance

Total Bank Balance as of 12/15/2025





**Facebook TRPQG Members Only Update**

If you would like to join the TRPQG Members Only Facebook page.  
Go to <https://www.facebook.com/groups/475820599214904> and request to be added.

Please send an email to [rite1@mindspring.com](mailto:rite1@mindspring.com) and let me know that you have sent a request. Occasionally the name in the TRPQG Membership Directory is not the same as your Facebook name. If you will let me know your name in the directory and your name on your Facebook page you can help me speed up the approval process.

Jennie Wright







**7076 Ramsey St./HWY 401  
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*One of the Largest Quilt Shops On the East Coast!*

**Happy New Year!**  
*We look forward to serving you in 2026!*

**Come Visit Us at These Shows this month:**

Quilting & Fiber Arts Marketplace  
Sanford, NC  
Jan 9th & 10th  
Sign up for Classes this year!  
[www.fiberartshownc.com](http://www.fiberartshownc.com)

Quilting & Needle Arts  
Statesville, NC  
Jan 30th & 31st

Select Bernina & bernette machines will be on Sale in Sanford. Test drive a Longarm their too.

Don't miss our big, beautiful January, February & March 2026 Newsletter! Get your copy at our store or on our website. You'll love all the new classes, events, and sales we have planned for you!  
Sign up to receive our monthly emails at our website too.



**SAVE THE DATES**

**TRPQG MEETING**

**January 10<sup>th</sup> Meeting: Imperial Centre**  
**Deadline for newsletter submissions is the 25<sup>th</sup>**

**EVENTS YOU MIGHT ENJOY**

**Quilting & Fiber Art Marketplace, Dennis A Wicker Civic Center, Sanford, NC**

**Jan 9-10, 2026**

**QUILTCON, Raleigh Convention Center, Raleigh, NC**

**February 19-22, 2026**

**Capital Quilters Quilt Show, NC State Fairgrounds, Raleigh, NC**

**March 13-14, 2026**



# Quilting & Fiber Art Marketplace

CLASSES &  
WORKSHOPS  
ADDED!!

OVER 30 AMAZING  
VENDORS!!

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NOW

JANUARY 9<sup>TH</sup> & 10<sup>TH</sup> 2026

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classes and buy tickets in  
advance at this link!

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# Quilts Like Crazy and Embroidery

Quilting, Sewing, Embroidery Supplies & More!

## STORE HOURS

M-F	10AM - 5PM
SAT	10AM - 3PM
SUN	CLOSED



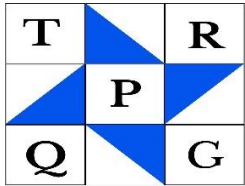
1241-08 S Main St, Wake Forest, NC 27587  
www.quiltslikecrazy.com (984) 237-0071

Follow us!





Tar River Piecemakers Quilting Guild



P.O. Box 7041 Rocky Mount NC 27804

Leadership Team:

Julie Green

Lori Mann

Nadia Pshenitsyna

Secretary: Sarah Oberlin

Treasurer: Rosalyn Ryers

Sunshine & Shadow: Nancy Knapp

Membership:

Jinx Abernathy

Amanda Jackson

Joyce Kirby

Library: Maryann Rettino

Martha Blount

Beekeeper: Pam Smith

Website: Harvey Sopher

Newsletter: Michele Carpentier

Facebook: Jennie Wright

Charity Outreach:

Katherine Saunders

Hospitality: Lin Varney

Public Relations: Lin Varney

Harvey Sopher

## TRPQG Official Charities

**QOV:** preferred size 60"x80", minimum size 55"x 65".

100%cotton preferred. Patriotic fabric themes are encouraged, but not mandatory.

**Quilts for Christian Adoption Agency:** any size

Please include a sample square from the quilt pattern which is given to the birth mother.

**Isolette covers for Vidant Hospital:** should be no larger than 36 x 36 .

**Quilts for Nash Hospital Nursery:** Accept any size quilts they use to send the babies home. We will accept smaller blankets that are knitted or crocheted. We can always find someone who has a need.

### Additional charities our TRPQG members support

**Oncology Department Quilts:**lap size quilts and mug rugs

**Bereavement wraps:** 12" x 12" or 15" x 15" (use pattern)

**Mother's Hearts:** ask for pattern used for preemies in neonatal

**Premie Beanies:** (knitted) ask for pattern or Google them

**Adult Beanies:** (knitted) ask for pattern or Google them

**Comfort Bags:** For Police department bags

All area codes are 252 unless noted

## Newsletter Advertising for TRPQG Members

If you are a TRPQG member and have personal sewing related items you no longer want or use and you would like to sell or gift them you can list them in the newsletter. Please send the item description, price and your contact information to [michele251970@gmail.com](mailto:michele251970@gmail.com). This section of the newsletter will be removed from the newsletter before being posted on the public website.

Items will be limited to space available in the newsletter and first come first serve. The newsletter and the TRPQG are not responsible in any way for any transactions resulting from these advertisements. The newsletter is simply providing what we hope is a benefit for the members of the TRPQG guild.





If you are a member of the TRPQG and you machine quilt for others please send your name, phone number and email address to [michele251970@gmail.com](mailto:michele251970@gmail.com). In future issues of the newsletter I will list your contact information so TRPQG members can contact you for their quilting needs.

**HAPPY  
NEW  
YEAR!!**

**Welcome  
New Members**

**As of 13 DEC 2025:**  
77 Regular Members  
7 Founding Members  
2 Honorary Members  
1 Junior Members  
**87 Total Members**

### **2025 – 2026 Greeters**

January – Duane & Michele Carpentier  
February – Lianne McLaughlin  
March - Beverly Couch  
April – Billie Howell & Beverly Wilson

### **Coffee & Snacks**

January – Duane & Michele Carpentier  
February –  
March – Lianne McLaughlin  
April – Billie Howell & Beverly Wilson



Lianne McLaughlin



Robin Sachsenheimer

**MEMBERSHIP**

STATISTICS







## National Soup Month ~ January 2026

Courtesy Jinx Abernathy

The Campbell Soup Company, in 1984, was instrumental in officially designating the month of January as National Soup Month. To mark the first celebration, they created a specific soup variety called “Pennsylvania Pepper Pot”. A classic hearty, spicy stew traditionally

made with beef tripe, vegetables, & a peppery broth. The key spices include black pepper, marjoram, thyme, & sometimes cloves or red pepper flakes.

The word "soup" is believed to be derived from the Latin “suppa”, meaning bread soaked in broth. Archaeological evidence suggests humans have been eating soup since approximately 20,000 BCE. Americans consume over 10 billion bowls of soup annually, with 99% of U.S. households purchasing soup each year.

January is the perfect month for making & enjoying warm, comforting “soup” meals to ward off the cold winter weather. It's a popular time for food enthusiasts to share recipes, promote soup consumption, & highlight the versatility & health benefits of soups. January is also the perfect time to use up those holiday leftovers, experiment with different ingredients, or try new recipes.

Ways to enjoy: Host a “Soup Swap” Party; Slurp the soup at your favorite local spot; Some Restaurant Chains, like Panera Bread often run promotions during this month, such as \$1 soup deals with certain purchases; January is a popular time for "batch cooking" & freezing soups for quick, healthy meals throughout the winter, So dust off that slow cooker & start your own!

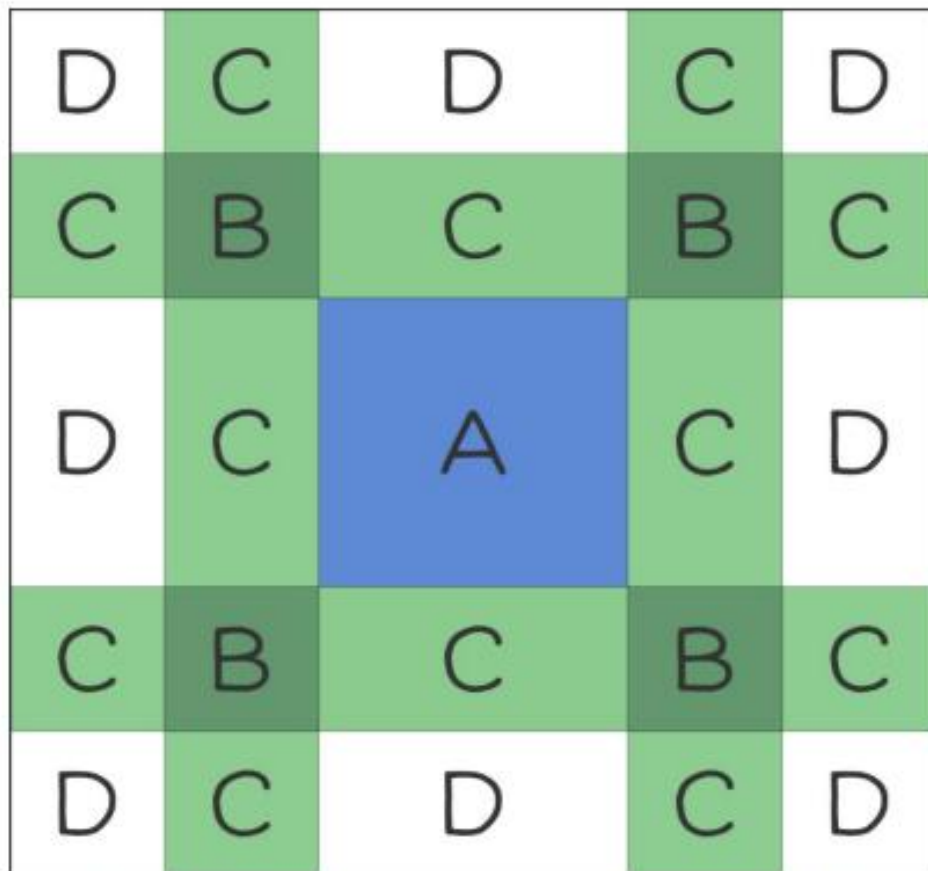
When my kids were young, we were stationed in Germany. Not only did we have lots of fresh pork, we had an abundance of vegetables that tasted like they were just picked that morning! Rather than have them empty their leftovers into the trash, I told them to scrap them into the pot of cabbage soup I had simmering on the back burner. They decided to call their new invention “Garbage Soup”!!! Although the name isn’t exactly appetizing, after a week of left over additions, including gravies, meats, & vegetables – even mashed potatoes (*soup thickener*), the soup was undoubtedly the BEST any of us had EVER eaten! And what better dish to dip your Brötchen into!!!

If you want to make your own “Garbage Soup”, there is no official recipe, but traditionally, we always start with a small cabbage, cut into chunks, rinsed & covered with water. Bring it to a boil; Turn it down to simmer; Start adding leftovers. That’s it! FYI: It never seems to taste the same, depending on your additions. I should mention, try to keep bones out of the soup, unless you’re using a big ham bone, for flavor. Also, if you won’t have additions for 2-3 days, better freeze what you’ve got!

## Smaczneho! ~ Happy Eating!



QUILTOLOGY – January 2026  
 ~ ~ ~ ~ ~ January Giant Quilt Block ~ ~ ~ ~ ~



Listed below are cutting instructions for making a 24" or 36" block.

Step-1:

CUTTING INSTRUCTIONS

	A	B	C	D
24" BLOCK	(1) 8.5" X 8.5"	(4) 4.5" X 4.5"	(8) 4.5" X 4.5" (4) 4.5" X 8.5"	(4) 4.5" X 4.5" (4) 4.5" X 8.5"
36" BLOCK	(1) 12.5" X 12.5"	(4) 6.5" X 6.5"	(8) 6.5" X 6.5" (4) 6.5" X 12.5"	(4) 6.5" X 6.5" (4) 6.5" X 12.5"

MAKE 2

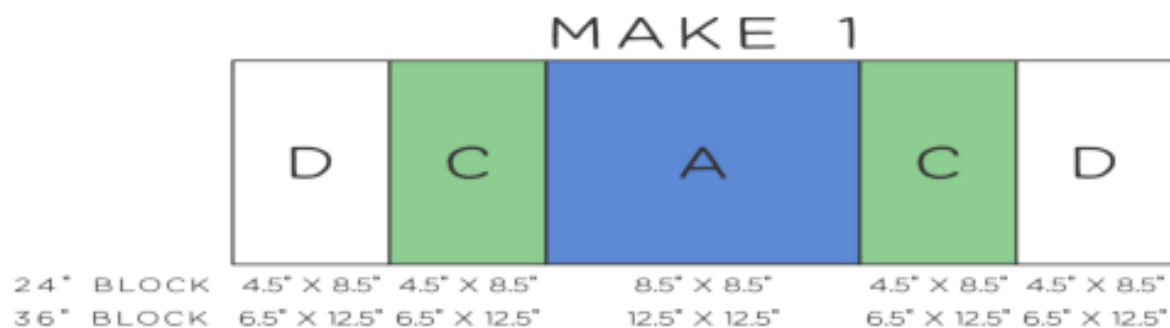
Step-2:



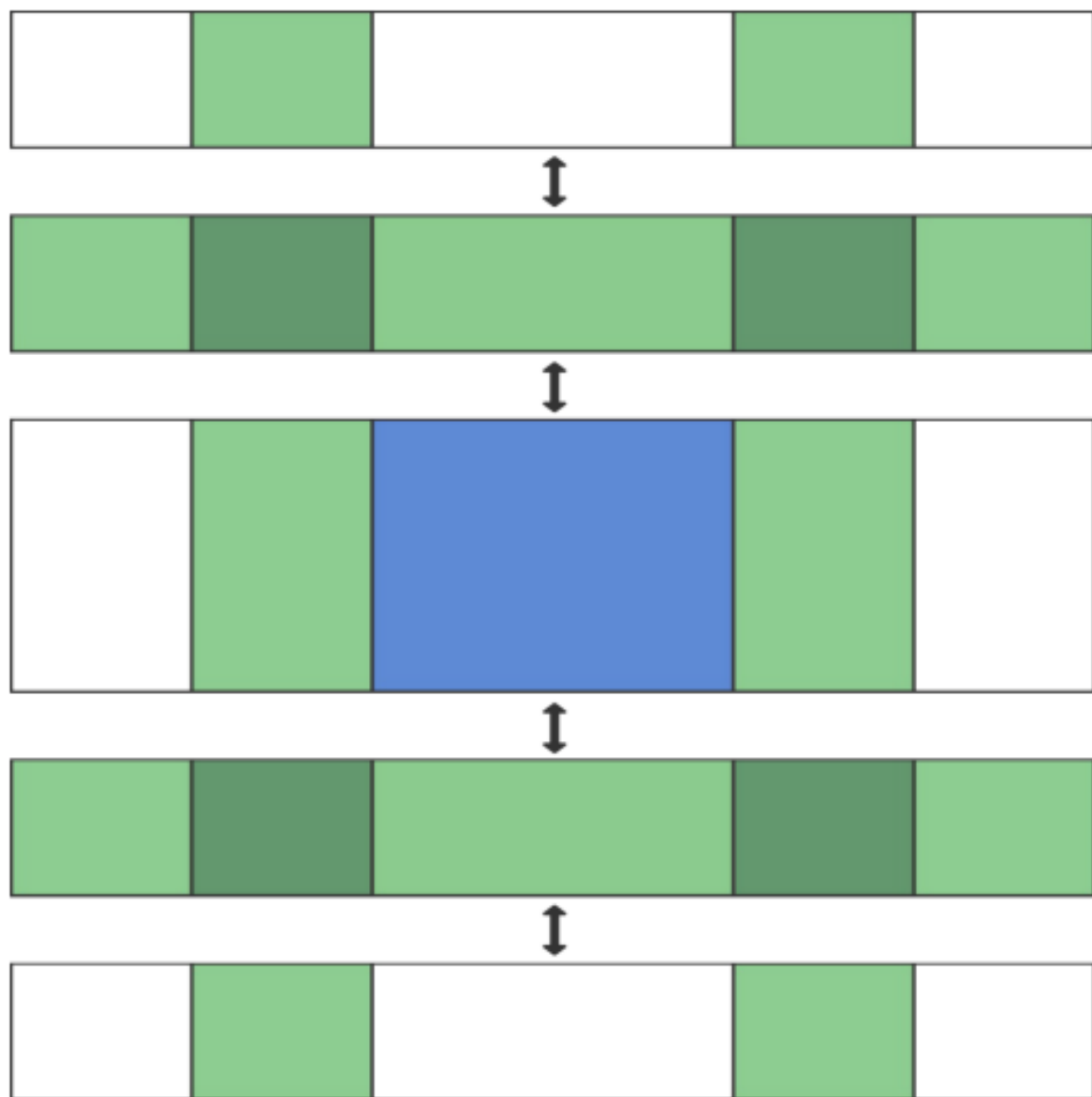
24" BLOCK	4.5" X 4.5"	4.5" X 4.5"	4.5" X 8.5"	4.5" X 4.5"	4.5" X 4.5"
36" BLOCK	6.5" X 6.5"	6.5" X 6.5"	6.5" X 12.5"	6.5" X 6.5"	6.5" X 6.5"



**Step-3:**



**Step-4: Sew them all together ~ DONE!!!**



**HAPPY QUILTING!**





## ***Quilting Bees***



***A Quilting Bee is a gathering for quilters to foster creativity, connection, and community so that others feel a sense of belonging.***

<b>Busy Bees</b>	Imperial Art Centre 2nd Tuesday of each month @ 10 am Meeting Place: Englewood Presbyterian Church 100 S Englewood Drive RMT Queen Bee is Lisa Clark.
<b>Cutting Corners</b>	Braswell Library on the 3rd Friday of the month @ 10 am Meeting Place: Englewood Presbyterian Church 100 S Englewood Drive RMT Queen Bee is Ramona Orzell.
<b>Happy Hooper's</b>	Meetings 3rd Saturday of each month @ 10 am at the home of Frankie Powell. Queen Bee is Frankie Powell.
<b>Sew-Social</b>	Open Sew Format @ the Imperial Art Centre on the 4th Saturday of each month. Door to the Education Building open at 9:30AM. Everyone is welcome – bring your UFO's, or any project you'd like to finish or just come chat and see what projects are being worked on. Please contact Pam Smith.
<b>EQ8 Electric Quilt</b>	Imperial Art Centre 10 am. - 4th Saturday of each month. Queen Bee is Debbie Nivison.
<b>Patriotic</b>	1 <sup>st</sup> Tuesday of each month at 10 am Meeting Place: Englewood Presbyterian Church 100 S Englewood Drive, RMT Bee Leaders are Jinx Abernathy & Duane Carpentier.





## TRPQG AGENDA JANUARY 10, 2026

SOCIAL/SIGN IN: 9:00 to 9:30 AM

MINUTES OF THE PREV. MONTH APPROVED AS PUBLISHED IN THE NEWSLETTER

1. MOTION TO APPROVE & 2ND

TREASURER'S REPORT APPROVED AS PUBLISHED IN THE NEWSLETTER

1. MOTION TO APPROVE & 2<sup>ND</sup>

BIRTHDAYS: Cathy Bollten, Duane Carpentier, Beverly Couch, Gayle Helm, Robin Sachsenheimer, Katherine Saunders

Committee Reports/Short summaries

Outreach - Katherine Saunders  
Sunshine and Shadow - Nancy Knapp  
Library - Martha Blount  
Newsletter - Michele Carpentier  
Facebook - Jennie Wright  
Bee Keeper - Pam Smith  
Programs - Leadership Team  
Public Relations - Harvey Sopher, Lin Varney  
Website – Harvey Sopher

OLD BUSINESS

1. Bio Forms - We want to get to know you! Give those to Sarah Wade or Michele Carpentier.
2. See Jinx to sign up to be a greeter in the coming year.

NEW BUSINESS

1. New Years Resolutions

MEMBERSHIP REPORT: Jinx Abernathy

MYSTERY QUILT REVEALS

SEW AND TELL

BREAK

PROGRAM: Demo with Lori